

Create memory loss

In a trance there may be areas where it may be a good idea to induce memory loss after the hypnosis treatment. If you work with a hard feelings or experiences it can be a good way for the client to shut down the emotions after the treatment and it can be done by creating a memory loss in your client

I think you known to have a memory loss.

waking from a dream and forgetting the dream very fast after you awake.

When you forgets your pin code or phone number, or uour age, etc.

When you want memory loss for a client, you can do it this way.

Under hypnosis: Direct suggestion:

Say "When you turn the attention back out to your conscious mind you can forget the things I've said"

Indirect suggestion:

You can remember to forget.

When the client is out of the trance again. immediately ask the client about something else

Begin to talk, for example. Beginning in mid-sentence, it will be to create confusion. these methods can produce a deep memory loss at your client.